

Nottinghamshire Netball Association

Rules & Regulations, Information, Guidelines for All Leagues

October 2021



Contents:

1. Organisation and Administration
2. Integrity Clause
3. Playing Qualification and Eligibility
 - Teams
 - Players & Team Officials
4. Registration of squad members
5. Structure of the League
6. Fixture Arrangements
7. Match Regulations
8. Match Officials
9. Registration of Results
10. Competition Referees
11. Competition Complaints Procedure
12. Appeal of Competition Referees' Decision
13. Miscellaneous Provisos
 - First Aid
 - Insurance
14. Close Range Photography
15. Health & Safety
 - Umpires and bleeding
 - Pregnant players
 - Gloves, Headcoverings, Jewellery, etc
 - Accident Forms and procedure
16. Clubs' Meetings
17. Disclaimer

1. ORGANISATION AND ADMINISTRATION

- 1.1 The leagues are governed by the elected representatives of the Nottinghamshire Netball County Committee together with the appropriate League secretaries who have the power to:
 - a) consider all applications for membership
 - b) exercise their discretion should a new or reconstituted team be too strong for inclusion in the lowest division where they would normally be placed, or when the number of entries indicates a change in format would be beneficial. No decision is taken without reference to the County Committee
- 1.2 The number of divisions and league rules may be amended by the County Committee based on the previous season's results and after receipt of the entries for the forthcoming season
- 1.3 The league shall be known as the Winter/Summer/Sunday/Junior/Youth League
- 1.4. The leagues will be played at Nottingham University Samworth Academy (NUSA) on Saturday mornings or afternoons/weekday evenings/Sunday mornings or afternoons, whichever is suitable.
- 1.5 All matches shall be played in accordance with the INF Rules of the Game in force at the time. All teams entering any of the leagues must also adhere to the special conditions for that particular league. It is the responsibility of all Team Managers, Coaches and Captains to ensure that all players are conversant with these Rules and Regulations.
- 1.6 All clubs will be held responsible for the overall conduct (behaviour, demeanour and actions) of all members associated with the club (players, officials and spectators) All Clubs must abide by the EN Codes of Conduct. (Any complaints regarding a breach of the codes must be notified, in writing, to the relevant League Secretary within 7 days of the fixture. Clubs may develop their own similar Code). See Appendix A – Codes of Conduct
- 1.7. GDPR - Data Protection: Any personal data provided by the clubs will be for NNA competitions only. It will be destroyed after the event and not shared with any third party
- 1.8. The acceptance of any club into any Nottinghamshire County Netball League is dependent upon at least one primary member holding a recognised umpiring qualification and being on the current list of eligible umpires

2. INTEGRITY CLAUSE

- 2.1 Any team who knowingly and deliberately provides false information regarding the identity of players at registration and the naming of players on team sheets will forfeit their deposit and may be expelled from the league. Disciplinary action may be taken against the club

3. PLAYING QUALIFICATIONS AND ELIGIBILITY

3.1 TEAMS

- 3.1.1 Application for entry to the NNA County Leagues shall be open to any club which is an active club registered in the England Netball Membership system through the County Association, which has paid its membership in this respect, and which is situated within the boundaries of the County Association . All Clubs/Players playing in County Tournaments or County Leagues outside their own county, but within the region, must pay the full appropriate county fee. This will exclude the portion payable to England Netball. This applies to ALL leagues
- 3.1.2 No club can be accepted into any league unless and until the required England Netball Membership fee and deposit are paid. Fees are to be decided annually
- 3.1.3 By entering a team in a County League, clubs agree that:
- They will abide by these rules and regulations
 - They are able and willing to fulfil the costs and commitments of participation in the relevant league
 - They will participate in a sporting manner and play within the spirit of the game
 - They are bound by all the rules, policies, regulations and by-laws of England Netball, including the England Netball Code of Conduct and Disciplinary Regulations
- 3.1.4 All Clubs must register a minimum of 12 players
- 3.1.5 A club may enter more than one team into a league, but rules on player eligibility must be adhered to (See Rule 3.2.2)

3.2 PLAYERS & TEAM OFFICIALS

- 3.2.1 All Players and Team Officials must be in membership of England Netball as a personal member having paid the full membership due and received confirmation of their membership in advance of playing in a league match. Players must be members of the club they are representing in the League. This ruling also applies to members of University/College teams who must have individual membership of England Netball.
Scorers do not have to be members of England Netball
- 3.2.2 Teams may enter in more than one league. Individual members of clubs may be members of a second choice club, to play within a league where her first choice club is a member but under no circumstances may play for both clubs within that league
- 3.2.3 Regional League players are defined to be those named by their club to be registered for a team playing in a division of a regional league during the current season
- 3.2.4 Regional League players can only play for one team within a club and that should be for a team in one of the highest two divisions in the league in which the club plays. i.e. either premier or Division 1 in the Winter Saturday League, and division 1 or 2 in the Summer League. Any club

that has teams only in divisions below the top two in a league are limited to a maximum 2 regional players who must play in the highest placed team only

Any player who becomes a Regional player part way through the season, moving to a higher team within her club, will forfeit her original team place and be eligible only to play for the higher team in league matches. (If this player had been a starred player the original team will be able to choose another player to be starred)

Teams must declare to the League Secretary all players who are registered to any Regional League Team

- 3.2.5 Senior/junior players may only play in one session per league date
- 3.2.6 No more than two players from any one team may play for another team within that club within the same league competition. (This means the same two players for all or any match. Not two players one week and a different two players the next). Known as “starred players” Any one player may not play for two different teams within a club against the same opposition
- 3.2.7 All players in senior leagues must have attained the age of 14 years by 1st September of the start of the current winter season. (For younger players who have attained the age of 13, by the 1st September of the start of the current winter season, a Level 2 Coach or Club Safeguarding Officer must complete an Age Banding Form and send it to the League Secretary with the entry form. On receipt of this form by the League Secretary the player is eligible to play). It is assumed that younger players will play in the junior leagues
- 3.2.8 Players in the NNA Junior youth league may NOT also play in a NNA Senior league and players in a NNA Senior league may not also play in the NNA Junior league
- 3.2.9 Players may not be named on the team sheets for more than one game on the same day
- 3.2.10 All players named on the team sheet must be eligible to play

4. REGISTRATION OF SQUAD MEMBERS

- 4.1 Registration Team Sheets for each participating team must be completed fully for each player with their name and membership number and lodged with the relevant League Secretary prior to the commencement of the League
- 4.2 Teams may register as many players as they wish.
- 4.3 Teams may only use those players whose names appear on their Registration Sheet held by the League Secretary
- 4.4 Any additions to the Registration Sheet must be lodged with the League Secretary prior to playing the fixture

4.5 Each team may declare up to twelve (12) players prior to the start of each match by completing a scorecard. No names may be added once a match has started

4.6 Only players named on the Team Sheet at the beginning of the game will be allowed to play or sit on the team bench with the Team Officials

5. STRUCTURE OF THE LEAGUE

5.1 The County League will be contested between as many teams as shall be determined by the Competition TSG from time to time. The number of teams in each division will be decided by the League Secretary in the light of applications received

5.2 Teams in each division will play each other twice in the winter leagues and once in the Summer League, depending on entries received

5.3 The season's schedule of matches is to be organised with a fair allocation of starting times at the discretion of the League Secretaries

5.4 Teams will be awarded league points as follows:

- 5 points for a win
- 3 points for a draw
- 2 Points if within 4 goals eg. 50-46 = 2 points
- 1 point if scoring 50% or more eg. 50-45 = 1 point
- If a team defaults then that team will lose 5 points and 5 points will be awarded to the non-defaulting team
- In the case of a defaulted match a score of 30 – 0 will be awarded to the non-defaulting team
- Failure to play on more than two occasions (ie failure to play in 3 league fixtures) could result in expulsion from the League and all results declared null and void

5.5 A League table will be compiled on the basis of the points awarded to each team.
Where two teams are level on points:

- Goal difference shall be used to determine their relative positions, ie. the team with the higher goal difference over the course of the season shall take precedence
- In the event that goal difference does not differentiate between the teams, then goal average shall be applied, ie. precedence will be given to the team with the greater average score, (goals for divided by goals against)
- In the event that neither goal difference nor goal average can differentiate between the teams, the aggregate score in the match or matches played between them over the course of the season shall be calculated and precedence given to the winning team.
- In the event that none of the above differentiates between the teams, the Competition TSG shall determine the means of differentiation

5.6 Upon completion of the league, the top two teams from each division, where relevant, may be promoted to the division above and the bottom two teams in each division may be demoted to the division below. If a team chooses not to be promoted their membership of that league will be withdrawn

- 5.7 For the Saturday Winter League the two highest placed teams from Nottinghamshire in the premier division, who do not already play in the Regional League, will be eligible to play in the Qualifying Tournament for a place in the Regional League Division 3. If either of these two teams do not wish to go forward to the regional league then their place in the Qualifying Tournament may be offered to the next highest placed team

6. FIXTURE ARRANGEMENTS

- 6.1 Fixtures will be played at NUSA where possible, or at another suitable venue if considered necessary by the League Secretary
- 6.2 Teams are responsible for arranging their own travel and the costs of this, and should allow sufficient travelling time to cover any unexpected delays
- 6.3 A team shall be required to take the court when requested to do so by the umpires at the start of the play or after an interval. If there are at least 5 players present, a team shall be required to take the court to start play. Players arriving after the start of the game are “late arrivals” and will be able to enter the game only as specified in EN Rule 9.2. If the Centre. is missing, one player shall move to that position
- In the event that there are fewer than 5 players present, the following procedure shall be used:
- (i) At the beginning of the game: a maximum period of 5 minutes shall be allowed for at least 5 players, a scorer and a suitably qualified umpire to arrive. If at the end of this time there are fewer than 5 players plus a scorer and an umpire present, then the game shall be awarded to the non-offending team. If, during this time, enough players arrive to take the court, i.e. 5, then a shortened game may be played. The number of minutes lost is to be taken off the first quarter of play. This should be noted by the umpires on the scorecards.
- (ii) Before the end of an interval: the umpires shall instruct the teams to take the court 30 seconds before the end of an interval. If a team fails to take the court at the end of this time, the umpire shall give a 1 minute warning and require the team to take the court within that time. If the offending team fails to take the court within the final 1 minute warning, the game shall be awarded to the non-offending team. If both teams agree the match may continue as a “friendly” fixture.
- 6.4 All matches must be played on the date, and at the time and venue specified by the fixture schedule
- 6.5 Weather - Matches can only be postponed in the event of inclement weather at the discretion of the appropriate League Secretary in conjunction with NUSA Management, matches which have started may be abandoned at the discretion of the umpires if the playing surface becomes dangerous or if there is a severe storm. It may be feasible to wait for up to 10 minutes to see if the storm passes. If the court surface is then playable the match may continue if the umpire(s) consider it reasonable. Postponed matches must be played at the venue, time and on the date re-arranged by the League Secretary

- 6.6 If a team cancels a match:
- The non-offending team will be awarded five (5) league points for the match, and the team which cancels will have five (5) league points deducted from their total
 - The team which cancels will be liable to pay court costs which may have been incurred
- 6.7 League matches may not be postponed for any reason
- Exceptional circumstances will be given consideration by the County Committee through the relevant League Secretary. Teams whose players include members of the Satellite, Academy or NPL who may have alternative commitments on match days must ensure that their squads are sufficiently large to enable league matches still to take place. These commitments will NOT be treated as exceptional. Postponed matches should be played within 4 weeks of the original date. The match should be rearranged in agreement with the opposition and the court booked and paid for by the postponing team. These details should then be given, by the postponing secretary, to the opposition and the appropriate League Secretary. Failure to comply with this regulation could result in the loss of points.
- 6.8 If for any other reason the match cannot continue and has to be abandoned, a written report should be submitted by the umpires to the relevant league secretary as soon as possible, and within 7 days of the match, stating at what stage the match was abandoned and giving all relevant details. The League Secretary will then decide whether or not the game should be rearranged or whether the result should stand. The decision of the league secretary is final
- 6.9 Any team that withdraws from the league may be liable to pay the cost of ALL REMAINING court fees

7. MATCH REGULATIONS

- 7.1 All games shall be played to the INF Rules of the Game currently in force in England at the time, except where specifically stated in these regulations
- 7.2 Senior games to be of one hour duration, 4 x 15 minutes with 3 minutes intervals between quarters and 5 minutes at half time. (Except for the provision in rule 14 (i)) Junior league matches will be of 40 minutes duration, i.e. 4 x 10 minutes, unless stated otherwise on the league fixtures, with 3 minute intervals between quarters and 5 minutes at half time. When necessary the length of evening matches may be adjusted to take account of the requirements of the venue.
- 7.3 Each team must provide a suitable match ball. The umpire will check both balls before the match and decide the match ball
- 7.4 Each club must register its uniform and colours prior to the start of the season. The INF rule on uniform states “registered playing uniforms, which shall include playing position initials shall be worn at all times.” They will normally include a skirt or dress. There is no intention to debar players from wearing tracksuits or other suitable clothing that reflect a club’s uniform and colours. These will normally be worn under a skirt. It is not intended to

discourage people from playing, but 2 points may be deducted from a team/club whose players are not playing in their registered or correctly recognised uniform

- 7.5 Where there is a clash of colours deemed likely by the umpires, the toss of a coin by the two captains shall decide which team retains their original colours (NB a reversal of bib colours is unlikely to be sufficient)

8. MATCH OFFICIALS

8.1 UMPIRES

- 8.1.1 Clubs will be required to register their own club's umpires by filling in the appropriate form and returning it to the umpiring secretary when required to do so
- 8.1.2 Each team must provide an umpire who is both a full Member of England Netball and qualified as stated in the league rules. A team arriving without an appropriately qualified umpire must drop one of its players to officiate – with the proviso that they are suitably qualified to do so, or forfeit the match
- 8.1.3 Umpires from another county who move into the Notts area and wish to officiate in the Notts Netball leagues must notify the Notts umpiring secretary of their intentions and provide evidence of their qualifications
- 8.1.4 All umpires must hold the relevant qualifications for the appropriate league/division in which they are officiating
- 8.1.5 Umpires must carry their own England Netball Membership and umpire qualification cards at all times
- 8.1.6 Umpires must only undertake a maximum of 2 games on any league fixture date. This means that they may umpire 2 matches, or play once and umpire once. Sanction for breaking this rule: removal of that umpire from the List of Eligible Umpires for the next 4 league dates
- 8.1.7 If, during a match an umpire is injured and unable to continue, another umpire of equal or higher qualification may take over. If no suitably qualified replacement is available, then the match cannot continue, and a written report should be submitted by the umpires to the relevant league secretary as soon as possible, and within 7 days of the match, stating at what stage the match was abandoned. The league secretary will then decide whether or not the game needs to be rearranged or whether the result should stand. The decision of the league secretary is final

Umpire Qualifications

- 8.1.i For Saturday League Premier division the umpire must be C*, B, or higher.
- 8.1.ii For Saturday League divisions 1 and below (except as in 8.1.iii), and Summer League divisions 1, 2, and 3 the umpire must be C or higher
- 8.1.iii For the LOWEST division (Saturday, Sunday* and Summer leagues) the umpire must have attended an England Netball Into Officiating Award OR C Award course and be actively working towards qualification within the required timeframe. Eg where there are 4 divisions they may umpire division 4 only. (*If there is a league with only 1 division, IO attendees MUST officiate all fixtures with their mentor present until they have been signed off). Umpires who have the IO Award may continue to officiate the lowest division only.
- 8.1.iv Unqualified umpires who have attended a Netball Europe C Award course may umpire fixtures in the lowest 2 divisions in that league. Eg where there are 4 divisions, they may umpire division 3 & 4 fixtures. **The requirement to work with an allocated mentor and be signed off as competent remains unchanged**
- 8.1.v For Junior Leagues umpires should be a minimum C award or be actively working towards qualification at Into Officiating or C Award within the timeframe allowed and subject to the requirement of working with a mentor
- 8.1.vi "Novice" umpires must be Members of England Netball and have attended an IO or a C award course within the 2 years prior to the start of the current season
- 8.1.vii Umpires under the age of 16 may not umpire adult fixtures
- 8.1.viii Umpires aged between 16 and 18 must be accompanied by a suitable adult who is not their parent
- 8.1.ix Umpires for NNA senior or junior league matches MUST have attended a NNA or England Netball Umpire Forum for the current season and be included on the current Eligible Umpires list produced by NNA

8.2 TECHNICAL OFFICIALS

- 8.2.1 Each team must provide a competent scorer, who must be aged 16 or over, record scores on the scorecard, under the guidance of the umpire. Any team arriving without a scorer must drop one of its players to take on that role. Scorers do not need to be members of England Netball but the club concerned may be asked for identification/proof of age
- 8.2.2 Scorers may not coach or comment during the game. One scorer must call out the score after each goal
- 8.2.3 Timekeeping is the responsibility of the umpires. Timekeeping may be delegated to a suitably qualified person (who is over 16) if both umpires agree.

8.3 TEAM OFFICIALS

- 8.3.1 A team may have up to five (5) Team Officials. These will include a coach and at least one Primary Carer. Anyone wishing to be a Primary Carer for a club must be at least 18 years old and ideally first aid trained. They must all be members of England Netball, except the Primary Carer if they hold a First Aid or Medical Qualification

- 8.3.2 Where possible the Primary Carer should be a qualified First Aider.
- 8.3.3 Only the Primary Carer will be allowed on court in the event of illness/injury.
- 8.3.4 The Primary Carer must advise the umpires if a player is too ill or injured to be removed from the court and/or if assistance is required
- 8.3.5 The Primary Carer will be required to wear a form of designation which will be issued to each team on their first entry in to the league. (An Armband)
- 8.3.6 The Team Officials and up to five (5) players not on court shall constitute the Team Bench.
- 8.3.7 The Team Bench will be the area designated by the umpires at the start of the game. This will normally be on the right-hand side of the post and at the team's defending end. Teams will occupy the same team bench throughout the game. Teams should vacate their bench immediately after the match
- 8.3.8 The “bench” may not move up and down the sidelines, nor along the goal lines outside court during play. They may coach only from their allocated area. Spectators/supporters may only encourage, not coach, and should be outside the court fencing

9. REGISTRATION OF RESULTS

- 9.1 Both teams are required to complete an official Team/Result Scorecard and Pre-Match Checklist/Record of Injuries Sheet (needed for H & S records) prior to each match, entering the names of each player
- 9.2 The two official Scorecards must be checked and signed by both captains. Umpires and all scorers must PRINT their names on the scorecards after the match
- 9.3 Photos of the completed Scorecard (both sides) and Pre-Match Checklist must be sent by each team to the League Secretary, via the WhatsApp Results Group by 7pm on the date the fixture is played. Any team which fails to do so will be penalized. Scorecards and Pre-Match Checklists may be kept by the team
- 9.4 Any Team representative not wanting to share their contact details via the WhatsApp Results Group must make this known to the League Secretary and agree how their Scorecard and Pre-Match list are to be received

10. COMPETITION REFEREES

- 10.1 The League Secretaries have been appointed as Competition Referees by the Nottinghamshire Netball Association County Leagues. The Competition Referees will have the authority and jurisdiction to make decisions on any matters arising throughout the Competition including, but not limited to:
 - 10.1.1 Altering or amending the playing schedule as necessary;

- 10.1.2 Determining if there has been a breach of the Regulations and imposing an appropriate sanction (including disqualification of any individual, player or team) as follows:
- 10.1.3 Determining if a player is ineligible. The use of an ineligible player will result in the offending team forfeiting the match. The offending team will forfeit its deposit. The offending team will also lose 5 points and 5 points will be awarded to the non-offending team
- An ineligible player includes:
- (a) an unregistered player
 - (b) a player whose name does not appear on the scorecard at the start of the match
 - (c) a player who is not a member of England Netball
 - (d) a player who is under age without submitting an age banding form
 - (e) a player who is named on scorecards for two teams on the same day
- 10.1.4 In the event that a team fails to play, the non-offending team will be awarded 5 points for the match and the offending team will have 5 points deducted from their total (failure to play is defined as not playing a game, without prior consent from the League Secretary and with the opposition and officials expecting that the game would be played). The offending team will also forfeit £10 from their deposit for a first offence and £20 for a second offence.
- 10.1.5
- (a) Not sending the photos of the Scorecard and Pre-Match Checklist through on the day - the fine will be the loss of 1 point
 - (b) Late or incomplete score sheet - the fine will be the loss of 1 point
 - (c) After the first offence for each of (a) – (b) each further offence will be the loss of 2 points
 - (d) Deliberately providing false information may result in expulsion from the competition
- 10.1.6 Instances of unsportsmanlike behaviour or behaviour that brings the sport into disrepute, including instances of Teams predetermining, or attempting to predetermine, the outcome of a Match and/or the Competition;
- 10.1.7 Determine the score should any Match not be concluded due to any unforeseen circumstances.
- 10.1.8 If any team defaults on a league rule and their fault is proven, then up to 5 points may be deducted from their points total.
- 10.1.9 Any team breaking the rules three times may have their membership of that league withdrawn. The secretary of that league must have received in writing notification of the three defaults. Defaulting teams must be notified in writing of each default. After the third default and before membership of the league is withdrawn, the team have the right to appeal in writing to the League Secretary by the tenth day after the recorded delivery of the third default.
- 10.1.10 Any matter not covered specifically within the Regulations

10.2 The League Secretaries may call upon, or delegate to, additional persons to assist with the Competition or consult with other persons prior to making any decision. However, the final decision and accountability for the decision will rest with the Competition Referees.

11. COMPETITION COMPLAINTS PROCEDURE

11.1 All queries and complaints (a Complaint) should be directed to the League Secretary in the first instance, and these will be dealt with as follows:

11.1.1 Where the Complaint relates to the playing of a match, the scoring, and/or its result, the relevant squad member or team official, must do the following:

- a) Inform their opponents and the umpires of their complaint;
- b) Mark the Score Card with the words “Under Protest”;
- c) Attach a letter to the Score Card to explain the issue in full to the Competition Referees
- d) Send the marked Score Card to the League Secretary, within seventy two (72) hours of the match;
- e) The Competition Referees will decide what action should be taken

11.1.2 The Competition Referees will acknowledge receipt of the query or complaint and make a decision on the matter within seven (7) days of receipt of the query or complaint. The Competition Referees’ decision in relation to decisions taken under clause 10.1.1 is binding apart from where parties to the complaint have the right to appeal the decision under Section 12 below

11.2 Where a Complaint relates to the governance or administration of the Competition by the Competition Referees or Technical Support Group, such complaints will be dealt with under the Complaints Procedure of the Nottinghamshire Netball Association in place at the time of the incident

11.3 Where the Complaint relates to the behaviour of an individual Player or Team participating, volunteering or individual attending a match which could be considered as a Disciplinary Offence under England Netball’s Disciplinary Regulations, such complaints will be dealt with in accordance with the processes set out in England Netball’s Disciplinary Regulations.

12. APPEAL OF COMPETITION REFEREES' DECISION

12.1 The decision of the Competition Referees in relation to a complaint submitted in accordance with section 11.1.1 shall be final and binding on all parties save that a party has a right to appeal in the following circumstances:

12.1.1 If the decision has a potential impact on a match result, a league table, or the outcome of the Competition; AND

12.1.2 If there has been a failure by the Competition Referees to follow or act in accordance with these Regulations and/or the Competition Referees reached a decision on the basis of an error of fact

These are the only grounds of appeal and any appeal must be submitted in accordance with the Appeals Process below.

- 12.2 An appeal should be forwarded in writing from the appropriate member of the appealing team to the NNA Secretary within 72 hours of receiving the decision, who will refer it to the NNA Disciplinary Secretary for consideration.

13. MISCELLANEOUS PROVISOS

- 13.1 No first aid will be provided by the League
- 13.2 It is the responsibility of each team to provide adequate first aid cover for its players and officials, and which shall also be made available to the match officials on request
- 13.3 All clubs are advised in their own interest to take out insurance cover against accident/personal injury, loss or damage however caused, while participating in any of the leagues

14. CLOSE RANGE PHOTOGRAPHY

- 14.1 The taking of photographs or video-recording of players is not permitted at league matches or tournaments without the written permission of the relevant League Secretary acting on behalf of NCNA
- 14.2 Flash photography and live streaming are not permitted

15. HEALTH & SAFETY

- a) **Umpires and bleeding**
England Netball Rule 9.3.1 applies here in its entirety. The important points are
- (i) The umpires hold time for blood when noticed or for injury/illness when requested by an on-court player (in extreme circumstances the umpires may hold time without a request being made)
 - (ii) The player concerned must leave the court within 30 seconds and receive any treatment off the court
 - (iii) Only primary care persons (IDENTIFIED BY AN ARMBAND) are permitted on court
 - (iv) Any blood on the ball or the court must be cleaned before play restarts and any blood-stained clothing replaced.
 - (v) During the stoppage both teams may make substitutions provided these are completed within the time allowed.
 - (vi) If no substitution is made the player or a substitute may subsequently, after advising the umpires, take to the court again in accordance with rule 9.3.1 (ix)

(vii) In a tournament where no time is allowed for injuries, tournament rules should cover the possibility of a player bleeding. In these short matches it is not the intention to penalise a team with an injured player. Umpires will need to be very aware of the time until the next interval, in order to keep a player on court, unless it is absolutely necessary to have the injury covered. A suitable dressing could be used to stem the flow until the next interval .

b) Pregnancy, Gloves, Head Coverings Eyewear, Jewellery & Medical Alerts, Hair and Medical Aids

For NNA matches, no form of jewellery, including body piercings or body jewellery, may be worn. (Dermal piercings which lie under the skin must be taped) The only other exception is a wedding ring, which must be securely taped. A medi-alert bracelet may be worn provided that it is securely taped over and poses no hazard to another player. Players who refuse to remove jewellery or piercings will be asked to leave the court.

EN has produced Guidance notes concerning the wearing of gloves or hats for medical reasons or in extreme weather or climatic conditions. Gloves worn should be of plain, soft leather or microfibre (eg Neoprene), without externally sewn seams or any abrasive materials including fastenings. A hat, head covering or headband may be worn if the material used is soft and without embellishment and without any obvious loose fibres. (Peaked caps or woollen hats are not allowed.) Umpires are reminded that any gloves or hats worn must not present an obvious hazard to other players. Headscarves worn for religious reasons are permitted provided they are securely fastened and any loose ends are tucked in.

For other items England Netball Domestic Guidance must be followed and can be found in paragraph 5
<https://d2cx26qpfwuhvu.cloudfront.net/englandnetball/wp-content/uploads/2020/02/14112533/Domestic-Rules-Guidance-Final.pdf>

c) Accident Reporting

Any accident occurring during a match should be recorded by the scorer on the NNA Checklist and Record of Injuries Sheet and submitted to the League Secretary
An England Netball Accident form must be completed for all accidents and sent to England Netball. Alternatively an online form is available
(<https://www.englandnetball.co.uk/membership/insurance/report-a-claim>)

All participants acknowledge that participating in the sport of netball involves a risk of personal injury and by taking part in a Nottinghamshire Netball Association League - whether as a player, team member, team official, other official or spectator - each participant does so at their own risk.

16. CLUBS MEETINGS

Any club not sending at least 2 representatives to an AGM or other Clubs' Meeting called by the County Committee where their presence is requested, or whose 2 representatives do not stay for the duration of the meeting will forfeit their entry into the league draw. Clubs will also be fined £25.00 payable before the next season commences. Any appeal against such a fine must be sent to the NNA Secretary within 7 days of the fine being imposed. An apology from a club will not be accepted.

17. DISCLAIMER

Nottinghamshire Netball Association will not be liable to any person, whether in contract, tort (negligence) or otherwise for any direct or indirect loss or injury of any nature, howsoever caused and howsoever arising from the matters covered by these Regulations, provided that nothing in these regulations exclude or restricts East Midlands Netball's liability for any personal loss or injury caused by East Midlands Netball's own negligence, the negligence of its employees, or for fraud.