

## Things to Think about - Restarting the Leagues at NUSA

### Beforehand

Make sure all your players and officials are happy about coming back to netball - check the Personal Risk Assessment and Covid Symptoms List in the Care Package

All players and officials should complete the EN Opt-In Statement if they want to play. Clubs to store these. (Details in the Care Package)

If teams do not want to return to competition yet then notify the League Secretary and the team's place can be kept until next season.

If a team does not have sufficient players to play the match because of Covid then it may be possible to postpone the match and play at a later date - more details on this later.

Appoint a Covid-19 Officer and ensure all Test and Trace protocols are in place.

Ensure all teams have the necessary health monitoring and sanitising equipment. Primary Carers will need disposable gloves, apron and face covering

Ensure all personnel have safe travel arrangements - see Restart Guidance

## **Get In, Play Safe, Get Out**

### Getting In

#### **ANYONE WHO IS FEELING UNWELL SHOULD NOT ATTEND**

**Anyone (including players, officials, coaches, volunteers and spectators) who has been told to self-isolate by NHS Test and Trace as a result of being in contact with a known covid-19 case must not attend any netball activity and should remain at home.**

Teams should arrive at their given arrival time (not before) and obey any one way signs or other signage in the car parks as they move to their assembly point. Late arrivals may not be allowed to enter, so be on time.

Teams cannot move onto their court until the area is cleared from the previous match.

Teams are responsible for Test and Trace registration for ALL their personnel - players, volunteers, bench officials, scorer, umpire and spectators - BEFORE entering the court area. This should include temperature check and health questionnaire check. The club must have the contact details of every attendee. Test and Trace QR Codes will be on display for use at NUSA using the NHS Covid-19 app. Data needs to be stored securely for 21 days in case of a T&T enquiry, which will come to the Covid-19 Officer.

Players should come in kit, ready to play and travel home without changing if possible. There will be no changing rooms available. Toilets will be available if needed but should not be used for changing. Teams should bring as little baggage with them as possible. Water bottles should be marked with the owner's name and not shared.

## Playing Safe

Sanitise hands as soon as you go into the court area.

All matches will be played using EN Modified Rules. It is the responsibility of the teams to make sure these modifications are followed. If traditional rules are recommenced (Stage 6 on the EN Roadmap) then they will be used straight away.

Each team can have up to 15 people on the court - including players and substitutes, bench officials, scorer and umpire. No spectators are allowed in the court area. Spectators should be discouraged but any who do attend must have their details recorded for T&T and watch from outside the wire while socially distanced. All non-playing personnel should be encouraged to wear facemasks and to remain socially distanced and as far as possible from the court activity.

All teams must have sanitising equipment and must use it! Players to cleanse hands and 2 balls before play and at every quarter using hand cleansing protocol. (See Care Package) Teams are responsible for sanitising the post at their defending (bench) end before and after play and if necessary during play if the umpire considers that the post has been touched and "takes time". Each team must have sanitiser and wipes ready for use on their bench. Bags/bins for waste will be available on all courts. A ball which strays to another court should be collected and sanitised by a designated bench person and a clean ball should be used in its place.

Nail checks should take place at a distance of 2m or more.

Team talks should be conducted in socially distanced circles on the court to avoid congesting the bench area. No pre-match or quarter huddles, no pre-match or quarter hands-in, no post-match hug circles. No high fives, handshaking, shouting or cheering. In fact no fun!

Bibs will be a problem since they cannot be shared. Teams will need to find a solution that suits them - either using multiple sets, making bibs from card or having mesh bibs with paper letters inside? (See Re-Start guidance)

No shouting on court, by bench officials, scorers or from spectators

All paperwork (scorecards and checklists) will be sent out electronically and will need to be completed, scanned and returned to the League Secretary after the match. No exchange of scorecards during the match. Only one scorer per team - if the scorer changes during the match a new scorecard will have to be started and both cards scanned and returned. Scorer will record the names of the umpires and team captains but only scorer to sign the card. Scores to be texted to League Secretary straight after the match.

## **Getting Out**

All players to leave the court immediately after the match as soon as scores have been checked, maintaining social distancing of 2m or 1m + mask.

Follow the designated one way route.

Umpires and coaches who have a second match must also leave the court area and go round again to be re-registered before returning to the court area.

Players, officials and umpires must not linger to chat but leave the premises immediately.

Reminder that any breaking of covid guidelines may be considered as a disciplinary matter. We are expected to keep our players, volunteers, officials and spectators as safe as possible and these guidelines are an attempt to do that. They need to be taken very seriously if we wish to continue to play competitive netball.